

PRE-MARITAL GUIDE

*Marital Roles Expectations
Checklist & Guide*

LOVE YOUR **FIRST YEAR**

MARITAL ROLES CHECKLIST

Thanks for downloading this guide! Heading into marriage, you have personal expectations around marital roles (who does what). These come from watching your parents, other family members, and friends. Whether you voice your expectations or not, they're there.

Use this checklist to make sure you and your fiancé enter marriage with clear expectations and an agreement around marital roles.

Here's how to get the most from this guide:

1. Separately fill out the checklist. One is labeled "his" and one is "hers."
2. Compare your answers. Where did you differ? Why?
3. Fill out "our checklist" together, reaching an agreement on each role.

Have fun!

HIS EXPECTATIONS

MARITAL ROLE

HIS JOB

HER JOB

BOTH

Cook the most often

Do the laundry

Clean the toilets

Be the primary income provider

Oversee/manage finances

Stay at home with sick kids

Vacuum the floors

Mow the lawn/yard work

Go grocery shopping

Make sure bills get paid

Initiate sex/intimacy

Wash dishes

Make the bed

Plan date nights

Take out the trash



HER EXPECTATIONS

MARITAL ROLE

HIS JOB

HER JOB

BOTH

Cook the most often

Do the laundry

Clean the toilets

Be the primary income provider

Oversee/manage finances

Stay at home with sick kids

Vacuum the floors

Mow the lawn/yard work

Go grocery shopping

Make sure bills get paid

Initiate sex/intimacy

Wash dishes

Make the bed

Plan date nights

Take out the trash



OUR AGREED EXPECTATIONS

MARITAL ROLE	HIS JOB	HER JOB	BOTH
<i>Cook the most often</i>	_____	_____	_____
<i>Do the laundry</i>	_____	_____	_____
<i>Clean the toilets</i>	_____	_____	_____
<i>Be the primary income provider</i>	_____	_____	_____
<i>Oversee/manage finances</i>	_____	_____	_____
<i>Stay at home with sick kids</i>	_____	_____	_____
<i>Vacuum the floors</i>	_____	_____	_____
<i>Mow the lawn/yard work</i>	_____	_____	_____
<i>Go grocery shopping</i>	_____	_____	_____
<i>Make sure bills get paid</i>	_____	_____	_____
<i>Initiate sex/intimacy</i>	_____	_____	_____
<i>Wash dishes</i>	_____	_____	_____
<i>Make the bed</i>	_____	_____	_____
<i>Plan date nights</i>	_____	_____	_____
<i>Take out the trash</i>	_____	_____	_____
