



Living Together Expectations Checklist

QUESTIONS TO ASK *BEFORE* YOU
MOVE IN WITH YOUR SPOUSE

LOVE YOUR **FIRST YEAR**



WELCOME!

Thanks for downloading this guide. Unmet expectations are the quickest way to frustration. This is true in your marriage and it's also true once you start living together after your wedding day. But not for you! Since you downloaded this list of questions, you're well on your way to having a blast living with your spouse.

We recommend going through each question in order and taking the time for both of you to answer completely and thoroughly. Don't feel like you have to get through it all at once. Once you've answered, put a check in the "Talked About" box to the left of the question.

This guide is meant to help you get on the same page about living together and help you think about some things you might not have thought about yet. At the end of the day, living together as a married couple is a blast! Have some fun as you go through this.

As a quick note, we don't recommend couples live together prior to marriage. It increases your chances for conflict (and subsequently divorce) and takes away from the "specialness" of living together with your spouse.

If you have any questions or need further expectation resources, shoot us an email at hello@loveyourfirstyear.com or on Instagram at [@loveyourfirstyear](https://www.instagram.com/loveyourfirstyear).

GENERAL

TALKED
ABOUT

- Are you a morning person or a night person?
- How do you like to kill time?
- Do you watch a lot of television?
- How do you like to rest?
- How would you rate your cleanliness level?
- What is your most and least stressful day of the week?
- What temperature do you like to keep the house?
- Do you talk in your sleep?
- Do you expect us to go to bed together/at the same time?
- Do you wear shoes in the house?
- Do you have any pets that will live with us?

HABITS

- When you sleep, do you like it to be cold or warm?
- When you sleep, do you use a fan or other noise device?
- When you sleep, do you like the room to be pitch black?
- Do you do you sleep with the door open or closed?
- Do you sleep with the windows open or closed?
- Do you wash the dishes right away?
- Do you fold your laundry right away?
- What's your worst habit?
- Do you snore?
- Do you shut the alarm off after the first time or let it ring?

- Do you cap your tooth paste?
- How do you squeeze your tooth paste?
- Do you put the toilet paper roll over or under?
- Do you throw away empty bottles, boxes, bags or leave them out?
- Do you make your bed every morning?
- [Ask Men] Do you leave the toilet seat up or down?
- [Ask Women] Do you leave makeup and care products on the counter?

ROUTINE

- What's your daily routine?
- What's your morning routine?
- What's your bedtime routine?
- What time do you wake up on a normal day?
- What time do you like to go to bed on a normal day?
- How late is "sleeping in" to you?
- How late is "staying up" to you?
- What's an ideal weekend to you?
- Do you shower in the morning, at night, or both?
- Do you eat breakfast every day?
- How do you decompress after a long day?
- What time do you normally eat dinner?
- What time do you normally eat lunch?
- How long do you take to get ready?

RESPONSIBILITIES

- What's your least favorite household chore?
- What is your favorite household chore?
- How often do you clean your toilets?
- Do you expect each of us to do our own laundry?
- Who do you expect to pay the bills?
- Who will lock the doors every night?

***For more marital roles questions, check out our [Marital Roles Checklist](#)*

COMMUNICATION

- How will you communicate that you need some alone time?
- When you've had a bad day, what do you need?
- When you've had a great day, how do you like to celebrate?
- If I'm annoyed with you, how should I tell you?
- Do you expect us to greet each other when we get home?
- Do you expect us to say goodbye to each other when leaving the house?
- How will we settle disagreements around personal preference?

LIFESTYLE

- Do you have a lot of stuff?
- Do you expect to split the closet 50/50?
- How many pairs of shoes do you have?
- How often do you cook at home?
- Do you expect us to eat all of our meals at the dinner table?
- Do you want to have a TV in the bedroom?
- Do you use the bathroom with the door open?